

AFL TOWNSVILLE UMPIRES ASSOCIATION



SUNSMART POLICY

AFL Townsville Umpires Association recognises that the north Queensland sun is the major contributor to skin damage. The application of this policy will be ongoing throughout the year.

The purpose of this SunSmart policy is to help safeguard all members from the harmful effects of the sun throughout the year

Accordingly, the following policy shall apply to all members, administrators, officials, coaches, players, spectators, visitors, and other volunteers and/or staff of the association.

THE POLICY AIMS TO:

- Provide ongoing education that promotes personal responsibility for skin cancer prevention and early detection
- Provide a sporting environment that supports SunSmart practices
- To support SunSmart practices and procedures.

THE ASSOCIATION WILL:

- Inform individuals about the Association's SunSmart policy
- Promote the use of SPF 30+ broad-spectrum, water-resistant sunscreen
- Where possible, hold training sessions and competitions at venues that provide adequate shade for members
- Provide suitable shade structures for events where existing shade is not adequate for members and encourage spectators to bring their own portable shade structures
- Promote SunSmart behaviour through newsletters and Social Media
- Encourage all coaches, trainers, and adult members of the Association to act as positive role models for younger members in aspects of SunSmart behaviour by:
 - Wearing appropriate hats and clothing for outdoor activities
 - Seeking shade whenever possible
 - Wearing suitable sunglasses
 - Wearing sunscreen
- Review the SunSmart policy on a regular basis.

MEMBERS WILL:

- Be aware of the Association's SunSmart policy
- Take responsibility for their own health and safety by being SunSmart
- Comply with SunSmart rules and guidelines by wearing suitable hats, clothing, sunscreen and sunglasses where practical with umpiring activities
- Apply SPF 30+ broad-spectrum, water-resistant sunscreen 20 minutes before going outdoors
- Use shaded or covered areas, where possible when spectating, or during game breaks
- Act as positive role models for other members and spectators in all aspects of SunSmart behaviour.

NON-COMPLIANCE

- People are ultimately responsible for their own SunSmart routine.

AFL TOWNSVILLE UMPIRES ASSOCIATION



SUNSMART POLICY

POLICY PROMOTION

The association will promote the SunSmart Policy by:

- Putting a copy of the policy in printed member/player information and on the website.
- Promoting SunSmart Policy through the association's social media.
- Displaying a copy of the policy in the association social rooms.
- Periodic announcements to members at functions.

POLICY REVIEW

- This SunSmart Policy will be reviewed regularly to ensure it remains relevant to association operations and reflects both community expectations and legal requirements.
- Due for review annually, or as required.

Last Reviewed: June 2020